CPFI Annual Meeting Dr. Joy Greene www.joytime.org















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FEELINGS & EMOTIONS



It's Okay for you to FEE!

Our feelings remind us that we are alive





LOVE





We were created to FEEL, but...



We were created to FEEL, but...

Our feelings will lie to us



We need to manage our feelings

What is Stealing your JOY?



What is Stealing your JOY?

ANXIETY



31.1%

of U.S. adults will experience an anxiety disorder in their lifetime.

https://www.nimh.nih.gov/health/statistics/any-anxietydisorder

God did not leave you helpless

Philippians 4:6-9





Do not be anxious about anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus.

Finally, brothers and sisters, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence and if anything worthy of praise, think about these things. As for the things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

> ~Philippians 4:6-9 (NASB)

PAY ATTENTION TO YOUR THOUGHTS

PAY ATTENTION TO YOUR THOUGHTS

things are not always as they seem







Do not conform to the pattern of this world, but be transformed by the

renewing of your mind.

Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

~Romans 12:2



What are you thinking about?



We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. ~2 Corinthians 10:5

• Is this thought true?

- Is this thought pure?
- Does this thought honor Jesus?
- Does this thought align with God's Word?
- Is this thought rooted in Godliness?

Jesus? /ith God's Word? Godliness?



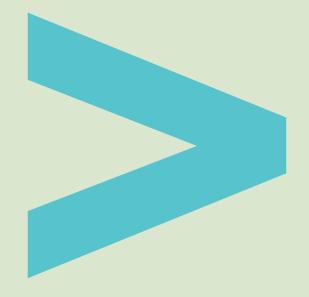
God's calling over your life



faith o fear



faith > fear





Anyone who loves their father or mother more than me is not worthy of me; anyone who loves their son or daughter more than me is not worthy of me.Whoever does not take up their cross and follow me is not worthy of me. Whoever finds their life will lose it, and whoever loses their life for my sake will find it.

~Matthew 10:37-40







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www.joytime.org



