

# PROVIDING INCLUSIVE CARE TO SAN BERNARDINO THROUGH CROSSWALK CLINIC

Loma Linda University School of Pharmacy (LLUSP)

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## Background

Loma Linda University School of Pharmacy plays a vital role in the bi-monthly Crosswalk Church Clinic, serving the San Bernardino population with essential services such as baths, food, blood pressure checks, and glucose/A1C readings. San Bernardino faces an obesity rate of 69% with a poverty rate of 13.2% compared to the national average of 11.5%, and 9.5% lacking health insurance.\* We strive to enhance our support by revamping our medical equipment to be more inclusive and launching a Seasonal Support Initiative.

With the CPFI Hands and Feet Grant, we aimed to include blood pressure cuffs and lipid monitors to be suitable for addressing obesity and cardiovascular concerns. Additionally, we introduced our "Blessing Bag" initiative to provide warm clothing, blankets, and journals for the winter. We continue to expand our services by incorporating local resources like family support and clinic locations. For the summer, we hope to continue our initiative by including essentials like sunscreen and bug spray, which are often overlooked but vital. These bags will provide seasonal relief and highlight our commitment to the holistic well-being of those we serve.

\*2021 U.S. Census Bureau Report of San Bernardino County, California

## Objectives

- Provide inclusive access to quality healthcare assessments.
- Improve well-being and comfort for homeless individuals during the challenging winter and summer seasons.
- Continue engagement with our weekly clinic, leading to increased access to medical services.



Supplies were purchased throughout November capitalizing on the Black Friday Deals. Blessing bags were created and distributed throughout December and January. Healthcare supplies are still being used to this day at our bi-monthly clinic. An average of 3 pharmacy students attend the clinics each week and 7 attend the adjunct soup kitchen.

## List of supplies acquired:

- Journals, Pens
- Bible verse bookmarks
- Plastic Bags
- Gloves
- Socks
- Blankets
- Scale
- Lipid Monitor
- Total Cholesterol Test Strips
- Triglyceride Test Strips
- Blood Pressure Monitor + XL-sized cuffs
- HbA1C Reagent Test Kits



Total Cost: \$1,038.92



## Methods

## Results

Through the CPFI Hands and Feet Grant and our chapter's fundraising efforts, we created **72 winter blessing bags** (consisting of a thick blanket, journal, pen, Bible verse bookmark, gloves, and socks) for our crosswalk clinic and adjunct soup kitchen. With the leftover money from our fundraising efforts, we will be purchasing bug spray and sunscreen for our summer blessing bag iteration.

We have been using the medical supplies purchased at our clinic and have been able to treat a total of **80 patients** over the past 3 months.



## Conclusion

Through this project, our chapter learned the importance of providing inclusive care and using one viewpoint to assist our community in maximizing funds and manpower. Other schools may adopt our approach to serve their communities, by including often-overlooked essentials when assisting their communities and using their resources for items that may provide long-standing and immediate care. We would like to thank CPFI for allowing us to bring this large project to fruition.