

From Hands to Hope: Supporting Women and Children at My Sister's Place

Nana Esi Bray (2026)*; Jamie Padilla (2026)*; Ariana Murgor (2027)*; Derrick Kwateng Nyamekye (2028)*; Charleen Anani (2025)*;
Charmaine D. Rochester-Eyeguokan, PharmD, CDCES, BCACP; Daniel Z. Mansour, PharmD, MS, AGSF, BCGP, FASCP

Background

Homelessness and poverty continue to be significant challenges in Baltimore. My Sister's Place Center for women, a program of Catholic Charities, serves as a day refuge for ladies and children experiencing homelessness, providing food, shelter, and support services. Motivated by our commitment to serving the Lord Jesus Christ and the world, and guided by the core values of compassion, faith, and service, the UMB CPFI chapter, made up of 15 members, aimed to create a meaningful impact.



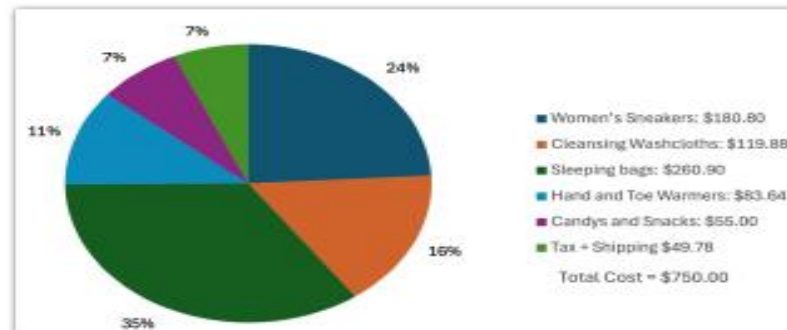
Objective

To uphold CPFI's core value of Christian outreach by offering an age-friendly clinical and spiritual support to ladies and children experiencing homelessness and donating essential items.

Methods

- Used funds from the Hands and Feet Grant to purchase essential items, including women's walking sneakers, cleansing washcloths, sleeping bags, hand & foot warmers, candy, lip balm, and hand sanitizers.
- Members of CPFI helped pack items and attach handwritten Bible verses and motivational quotes to candy bags to share the Word of God.
- Delivered the donations to My Sister's Place. While there, we also provided an Age-Friendly Clinic by checking blood pressures, screening for high-risk medications, providing resources and consultations, and referring individuals to healthcare providers as needed.

Finances



Results

- Reached out to 30 ladies with essential supplies and personal encouragement and took their blood pressure
- Fostered spiritual engagement through prayer and scripture.
- Strengthened members' commitment to faith-centered service and hands-on learning experiences.
- Built meaningful connections between student pharmacists and the local community.

Community Pictures



Conclusion

Through this outreach, we embodied *"It is more blessed to give than to receive"* Acts 20:35 (NIV) demonstrating our faith through our actions. We pray that these efforts not only address clinical and physical needs but plant seeds of eternal hope through the Gospel of the Lord Jesus Christ.
"Truly I tell you, whatever you did for one of the least of these brothers and sisters of Mine, you did for Me." Matthew 25:40 (NIV)

* PharmD Candidate at the time of publishing