

"Baby Bundles" for Expectant Mothers

2025 CPFI Hands and Feet Student Chapter Grant

Wingate University School of Pharmacy

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BACKGROUND

The Monroe H.E.L.P Pregnancy Center was established in 1991 by Tara Quinn. She has dedicated her life to providing education and support to women in Monroe, NC by introducing them to Christ and helping guide them on a path of either motherhood or adoption. Wingate University School of Pharmacy's CPFI chapter has worked alongside them since 2015. Our chapter visits the pregnancy center six times a year to offer educational sessions to expecting and current families on how to properly take care of their children using OTC and nonpharmacological methods. In 2025, we also connected with the Open Arms Pregnancy Center in Hendersonville, NC and hope to become more involved within this pregnancy center, just as we are at the Monroe H.E.L.P Pregnancy Center.

"In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in Heaven."
Matthew 5:16

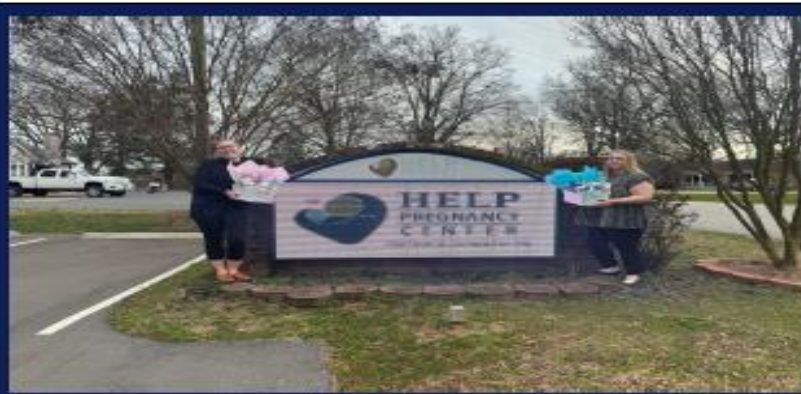
OBJECTIVES/PURPOSE

This project aimed to:

- Provide "baby bundle" gift baskets for clients of the H.E.L.P. Pregnancy Center in Monroe, NC and Open Arms Pregnancy Center in Hendersonville, NC with essential newborn and postpartum items.
- Offer both practical assistance and emotional encouragement as these women transition into motherhood.
- Demonstrate Christ's love through compassionate outreach.
- Encourage pharmacy students to engage in faith-based service and advocacy for maternal and infant health.

METHODS

- Our project used supplies from both Amazon and Walmart to complete the "baby bundles." We wanted to gather supplies that would be meaningful to both mother and baby.
- Six students on the Wingate campus and four on the Hendersonville campus come together to purchase, make, or deliver the baskets.
- In total, the cost was approximately \$810, primarily funded by the \$750 grant, with the remainder covered by the CPFI chapter funds.



RESULTS

Our chapter created 15 baby bundle gift baskets to give to the families at the Pregnancy Centers. We gave 5 baskets to the Open Arms Pregnancy Center and 10 baskets to the H.E.L.P. Pregnancy Center. The baskets given at the pregnancy center in Monroe will be distributed at the baby showers thrown for the mothers. The baskets donated to the Hendersonville pregnancy center will be distributed to families as gifts.

CONCLUSIONS

This project allowed our chapter members to tangibly apply their faith and professional identity to meet the needs of our communities. This collaboration with our local pregnancy centers allowed us to foster long-term relationships and future partnerships, to maximize our impact and build connections. This project was a reminder that simple acts of generosity can be powerful expressions of Christ's love. By providing new mothers with essential supplies through our "baby bundles," we offered support and spiritual encouragement during a time that can be very vulnerable for expectant mothers. We encourage all CPFI chapters to seek out their local pregnancy centers and see how they can best serve them.



CONTACT

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