

# Serving Christ through Serving the Homeless

Jordan McIntire, Josue Rodriguez Mendez, Yamilee Fioyale, Nadia Akbar,

Adriana Baerga Rosa, Julia Delmas, Angelis Miranda-Crespo

(Advisors: Akash Alexander, PharmD, MS, Lisa Vandervoort, PharmD).

University of Florida College of Pharmacy – Orlando Campus

## Background

We aimed to create hygiene care packages for those experiencing housing insecurity in Downtown Orlando by partnering with the Christian Service Center for the Homeless.

## Objective

To provide hygiene products and related supplies for the homeless community in Downtown Orlando to support their physical health and provide Bibles to share God's Word.

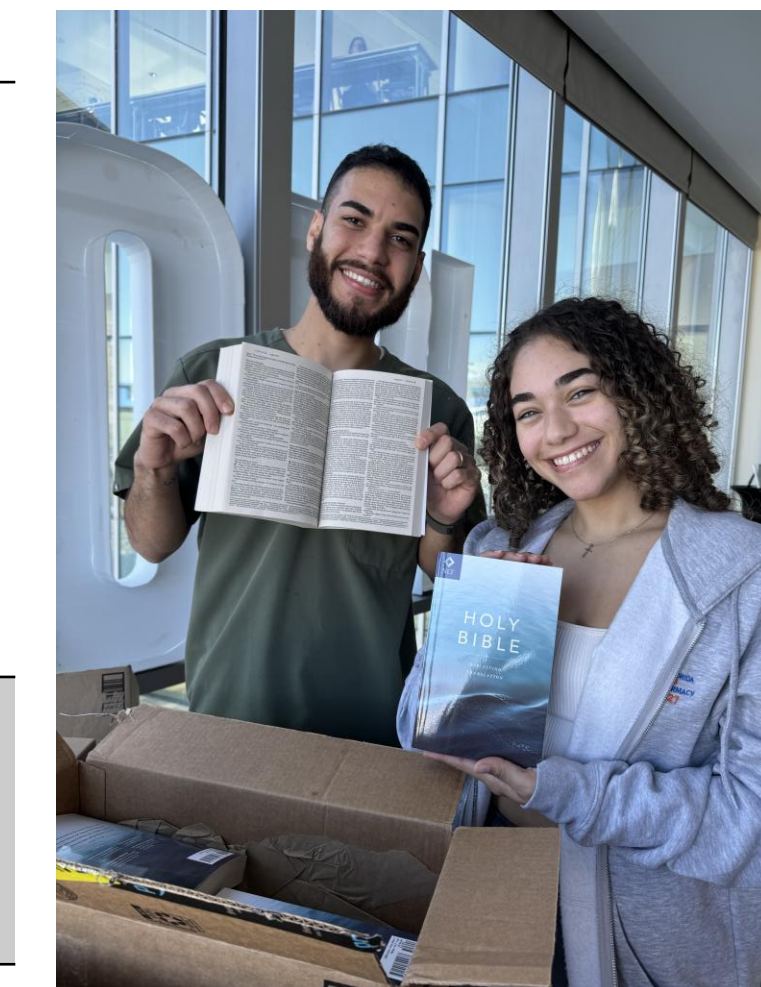
## Methods

- All products were purchased from Amazon.
- The cost of items totaled \$810.39.
- We received \$740 in grant funding and utilized our chapter funds to cover the remaining cost.
- At the time of purchase, multiple items were on sale, and we were able to buy more individual products than we accounted for in our original budget proposal.
- We held a packaging day on our campus to create the different packaged kits, and sort through the individual items that were to be donated.
- 5 students helped assemble the kits; 3 students delivered the items to the donation pantry at the Christian Service Center in December 2025.

## Results

**Table 1:** Packaged kits with included contents

| Hygiene Kits  | Everything Packages   |
|---|---|
| <ul style="list-style-type: none"> <li>• 1 reusable toiletry bag</li> <li>• 1 individually wrapped toothbrush</li> <li>• 1 individually wrapped hair pick</li> <li>• 1 soap bar</li> <li>• 1 travel soap container</li> <li>• 1 hand sanitizer</li> </ul> | <ul style="list-style-type: none"> <li>• 1 reusable toiletry bag</li> <li>• 1 individually wrapped toothbrush</li> <li>• 1 deodorant</li> <li>• 1 individually wrapped brush or comb</li> <li>• 1 individually wrapped hair pick</li> <li>• 1 hand sanitizer</li> </ul> |
| 12  | 36  |



**Table 2:** Supplemental items to be selected based on specific needs

| Individually Wrapped Toothbrushes | Individually Wrapped Hair Picks | Reusable Toiletry Bag | Travel Soap Holders | Irish Spring Soap Bars | Individual Feminine Pads | Individual Feminine Tampons | Pairs of Socks | Bibles |
|-----------------------------------|---------------------------------|-----------------------|---------------------|------------------------|--------------------------|-----------------------------|----------------|--------|
| 12                                | 14                              | 41                    | 48                  | 36                     | 252                      | 36                          | 120            | 48     |

We created a total of 48 hygiene kits and everything packages with the content of included items outlined in Table 1. We also donated 48 Bibles to pair with each package and kit, in addition to numerous individually wrapped supplemental items listed in Table 2. Individuals were able to tailor their selections based on their specific needs, through a prepackaged kit or a mix of single items.

## Conclusion

Through small acts of kindness, such as providing others with hygiene products, a difference can always be made to help those around you who are in need. We are incredibly thankful to CPFI National for providing us with the opportunity to serve our community through the Hands and Feet Grant.

