

On Service at St. Vincent de Paul Beans & Bread, Baltimore

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Background

Baltimore continues to face challenges with poverty, homelessness, and housing instability. Nearly 20% of Baltimore residents live below the poverty line and on any given night, over 2,000 individuals experience homelessness in the city. In response, our chapter organized a Hands & Feet outreach event in partnership with St. Vincent de Paul of Baltimore at the Beans and Bread Day Shelter. The organization aims to eliminate poverty barriers by providing shelter, meals, clothing, and employment support, envisioning a community where poverty is not a barrier to opportunity.

Our goal in partnering with St. Vincent de Paul is to share the love of Christ through service by providing essential items from their wish list and supporting the individuals in need with compassion and dignity.



Objective

1. Live out CPFI's core value of Christian services and outreach.
2. Distribute essential items from their Wishlist.
3. Offer blood pressure screening, medication education, and connect members to primary care providers.
4. Provide spiritual support through fellowship and handwritten Scripture notes.

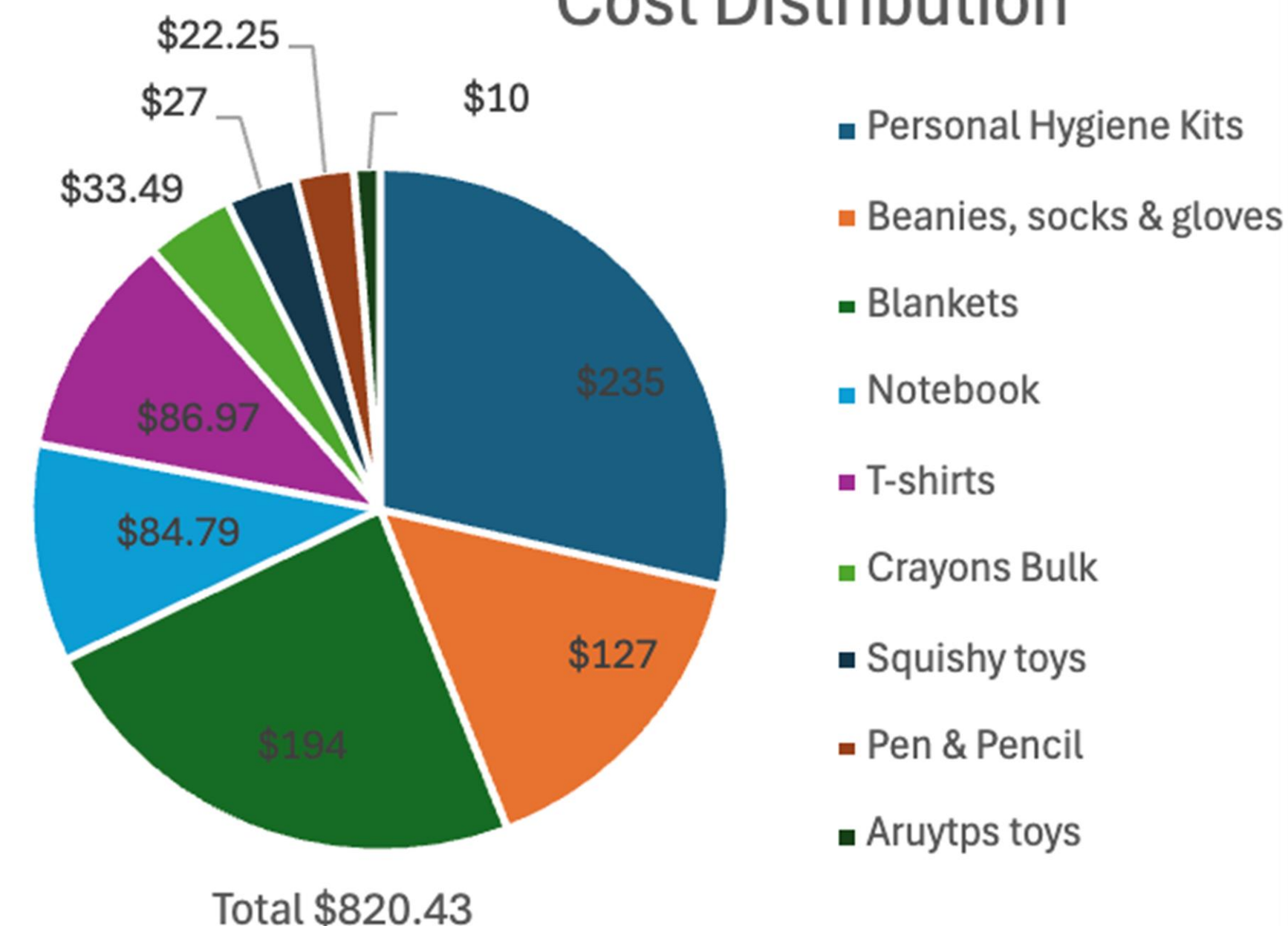
Methods

- Funds from the Hands & Feet Grant purchased essential items from their wishlist, such as hygiene kits, blankets, socks, beanies, gloves, school supplies, small toys, stuffed animals, and T-shirts.
- CPFI members assembled over 40 personalized care packages with these items and handwritten encouragement notes featuring Bible verses and motivational quotes.
- Members delivered the items and provided on-site services at the shelter, including blood pressure screenings, medication review, health education, assistance with connecting individuals to primary care providers, as well as fellowship and prayer.

Results

- Conducted over 10 blood pressure screenings, provided medication counseling, and successfully connecting 4 individuals with primary care providers.
- Reached out to estimated 60 residents through care packages distributions, blood pressure screening, and encouragement through the Word of God and prayer.
- Fostered faith, compassion, and confidence through community-based care.
- Strengthened connections among students, pharmacists, and local community members.

Cost Distribution



Community Pictures



Conclusion

In conclusion, the Hands & Feet Grant made it possible to care for both physical needs and the deeper need for community and faith.

Through care, prayer, and meaningful connections, we reminded others they are not alone. We were reminded by the eternal words: *"Let all that you do be done in love." (1 Corinthians 16:14, NIV) and "Dear children, let us not love with words or speech but with actions and in truth." (1 John 3:18, NIV).*

Together, we pray that we continue to spread hope, make a lasting impact and continue to be the Lord Jesus' Hands and Feet everywhere we go.

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