



Specific Chapter Program Ideas

Bible study is one of the principle activities of student chapters. The Bible studies should be relevant, such as dealing with stress, and avoid divisive issues that are not a matter of salvation. Rotating the leadership role for the Bible study can allow more to serve, provide additional insights, and divide the responsibility. Incorporating guest speakers from the community or asking the chapter advisor(s) or mentor to speak can help add to the studies. In addition, providing food or even snacks can be appealing to those only mildly interested in their student chapter.

The following are specific program ideas for outreach, fellowship, publicity, and fundraising as provided by student chapters nationwide through the CPFI National Student Council.

Outreach

Finals Week Bags of Encouragement

Outreach To: Fellow Students

Submitted By: Virginia Commonwealth University

Members brought in bags of candy. One person printed up a short note of encouragement for the upcoming week of finals, also include some pencils and a few pieces of candy, and a note was put into a baggie that was then tied closed with a ribbon. Each person in the P1 through P3 classes then had a bag placed in their School of Pharmacy mailbox. University of Arkansas for Medical Sciences utilized the same type of outreach, but placed 2 scripture verses on each ziploc bag and then filled the bags with goodies, such as popcorn, candy, granola bars, and nuts then distributed all of the bags on finals week.

Special Speakers

Outreach To: Fellow Students

Submitted By: University of Arkansas for Medical Sciences

This semester we had two "special meetings," in which a pastor from a local church came and spoke to our chapter during lunch. One pastor spoke on suffering, and the other spoke on finances. The two churches that participated sponsored the meetings and purchased lunch for everybody. We invited the entire college to attend these meetings, and our attendance tripled that of our usual meetings. It was awesome to see God at work in the college.

Rotation Roundtable

Outreach To: Pharmacy School Students

Coordinate a time for chapter members on rotation to come on campus for a roundtable discussion. Each student on rotation shares about their current experience, what they wish they knew before beginning rotations, and so forth. At the end there is a time for questions.

October Fun Visit to Children's Hospital

Outreach To: Children in Hospitals

Submitted By: Joy Givers in Jupiter, Florida

Ask local stores (CVS, Wal*Mart, Walgreens, etc.) to donate store supplies. Contact a local hospital to seek approval for a visit and the small gifts being considered, and ask the number of hospital beds. Prepare goody bags for the children and their siblings with coloring books, small toys like party favors, puzzles, silly glasses, etc. (no candy). Also bring face paint, at this time of year all of their friends are dressing up in costumes so face paint is a fun way to help them dress up and provides an opportunity to connect with the children. In addition, bring Bibles or tracts for the families. If there are infants in the hospital, you may want to bring stuffed animals, the nurses claim the infants like to cuddle with the animals and ones that play music are the best. This is one of my favorite outreaches!

Fellowship Dinners

Outreach To: Fellow Students

Submitted By: University of Mississippi

Officers prepared a dinner once a month in which all students were invited to join. They took turns hosting the dinner at their places and everybody brought one part of the meal. After the meal, a brief message was shared, and we took prayer requests. Our advisor also graciously offered to host a dinner for the students and shared a message with us. It was just nice to fellowship outside of the school environment and to take a break from studying to focus on developing relationships and encouraging fellow classmates. ***Consider a fellowship dinner at the end of the academic year to recognize graduating members, advisor(s), guest speakers, and others***

Praise and Worship Night

Outreach To: Fellow Students

Submitted By: Midwestern University at Glendale, Arizona

Our CPFI student group was just established last fall, and as a "kick-off" event we held a night of praise and worship one Friday night in our school cafeteria. Prior to the event we put up fliers all over campus and sent out e-mails inviting all students, faculty, etc. to come. A band from a nearby church came to lead worship, and we provided desserts and coffee. We could not have put on the event if it weren't for the amazing band members. They worked so hard helping to rearrange the cafeteria and bring in all their sound equipment. They even brought in large screens and projected song lyrics onto them. Students and faculty members from all different programs attended. Prior to beginning worship and in between songs we prayed, talked a little bit about CPFI, and one of the band members, who is also a pastor, gave a brief message. The whole night was absolutely amazing - very spiritual and moving. It was a great way to get people together to bring glory to His name.

International CPFI Student Group Partnering

Outreach To: Christian Pharmacy Students

Submitted By: CPFI

The majority of CPFI student chapters are located in the United States, but there has been tremendous interest in Christian pharmacy student fellowship through CPFI from many countries, including but not limited to Pakistan, Ethiopia, Nigeria, Rwanda, India, Taiwan, Australia, and Iceland. A chapter can partner with one of these international groups to form a long term relationship that fosters fellowship, encourage one another, share ideas and experiences, and so forth. Chapters should prayerfully consider partnering then contact CPFI for assistance.

Easter Service and Memorial

Outreach To: Fellow Students and Faculty

Submitted By: Campbell University

Our student chapter hosted an Easter Service on campus. During this time, a memorial service was held for our professor, Dr. Lewis Fetterman, Jr. Faculty and students shared their experiences of Dr. Fetterman and a pastor from a nearby church gave the sermon. It was a wonderful time of remembrance and fellowship.

Appreciation Cookies

Outreach To: Faculty and Staff

Suggested By: Ohio Northern University

Members volunteered to bring different types of cookies, and then at our meeting some people put together about 40 mix-and-match plates (using gloves) with 4 or so different kinds of cookies per plate, while the other members made personalized cards with verses, encouragement, and thanks to each of the pharmacy faculty and staff. Altogether, it went wonderfully, and the faculty and staff absolutely loved it. A few members delivered the cookies and cards the next morning. It was an amazing way for us to get to share God's love with the people we encounter every day.

Shoebboxes for Operation Christmas Child

Outreach To: Children in Need

Submitted By: Virginia Commonwealth University

As part of the broader CPFI effort, we set up a collection effort for Operation Christmas Child. In addition to getting donations from students, we also spoke with Dean Ellen Byrne at the VCU dental school. They donated a large number of personal dental care supplies that we were able to add to the boxes. Refer to the CPFI webpage under Students - National Student Council - Outreach to find summaries from other universities.

Health Fair

Outreach To: Community

Submitted By: Virginia Commonwealth University

The School of Pharmacy has been working with the Medical College of Virginia's broader community to be more involved with Health Fairs that reach downtown Richmond. This spring, we are participating as part of a School Health Fair at the VCU hospital, which is a major health care center for the indigent in Richmond. We are also participating as part of a larger MCV/VCU Health Fair in the Richmond Convention Center.

OTC Supplies for Mission Trip

Outreach To: El Salvador

Submitted By: Virginia Commonwealth University

We just completed a project to collect OTC items that were given to underserved patients going to mobile clinics in El Salvador. Medical, dental & pharmacy students from VCU/MCV went on a mission trip during spring break to serve at these clinics. We collected about \$500 in OTCs that were then packaged and given to take on the mission trip.

Student Chapter Led CPFI Prayer Breakfast

CPFI currently hosts breakfasts at a couple of state pharmacy meetings, which provides a wonderful time of worship and outreach. After the great success the University of Wisconsin's CPFI student chapter had regularly hosting a CPFI prayer breakfast at the Pharmacy Society of Wisconsin meeting, the CPFI Board has agreed to allow student chapters the awesome opportunity to host CPFI prayer breakfasts at pharmacy meetings in their state. This can also serve as an opportunity for chapters within a state to serve together. A "how to" document on hosting a prayer breakfast at your state's pharmacy meeting was created (refer to appendix J) and a CPFI student chapter prayer breakfast point person is ready to assist any chapter.

Rotation Promotion

CPFI annually purchases post-it notepads with the CPFI logo, the statement "ministering to the hearts of pharmacists", and the CPFI website. These post-its provide a simple nonintrusive way to share CPFI with others. Through the National Student Council, CPFI provides student chapters with these notepads for students to distribute during rotations. In this way, students can introduce others in various fields of practice to CPFI that may not have otherwise known about our great organization.

Healthy Hearts for Valentine's Day

Outreach To: Community

Suggested By: Rusty Curington, 2011-12 NSC Chairperson

Organize a blood pressure screening in a local church after its Sunday morning service. This is great practice for you and a service to a local church. Here is what you will need to participate in this community service project.

Fellowship

Movie Night

Invite students to join you in a movie at a local theater, at a member's home, or in the evening played in the school of pharmacy. It is worth considering, that when events are at member's homes generally nonmembers will feel less comfortable where as public location is less intimidating. However, any location has positives and negatives that will appeal to different people.

Amazing Race

In a local downtown area, find locations and challenges then create clue cards. For example: Clue "Think like a mouse and get some cake" should send them to Cheesecake factory for a challenge "Which does not belong? Adam's Peanut Butter Cup Fudge Ripple, Vanilla Bean, White Chocolate Peanut Butter Truffle, Craig's Crazy Chocolate Cake, or Chocolate Peanut Butter Cookie Dough" - students have to search the menu to find the one that doesn't exist as an option. Once students answer the challenge they are given the next clue. When students arrive for the race, divide them randomly into teams in order that students meet new people. Ideally you would provide each team a colored t-shirt (solid t-shirts in a variety of colors can be purchased for nominal cost at Wal*mart). Typically 5 to 8 locations is enough for a fun game, but you will need 3 to 4 people helping with handing out the clues at the various locations (more locations means more helpers).

Christmas Party

Organize a potluck type dinner at a member's house. You may want to incorporate a white elephant gift exchange.

Spring Break Trip

Plan a weekend trip to go camping and bring lots of games, smores, etc. Invite other chapters in your area to participate.

Fellowship Dinners

Refer to description in outreach section.

Fundraising

Sweatshirts or T-shirts for School of Pharmacy

Develop a sketch for a sweatshirt or t-shirt with your pharmacy school name, logo, and a fun saying (i.e. "Instant pharmacist just add coffee"). Get quotes on price for the shirts and set your price for sale. Pass around a sheet of paper with the design and chart then have students and faculty interested in the shirt sign-up on another sheet with the desired size. This has been a very successful fundraiser for Mercer University and Palm Beach Atlantic University.

Chili Cook Out

For our fundraising for our mission trip, we organized a chili cook out with the participation of our faculty. It was \$ 5.00 per person and at the end of the lunch, everybody voted for their favorite chili. This was also a good time of fellowship.

Lunch Buffet

For our mission trip to El Salvador, we had an Italian Lunch Buffet. Foods were mostly donation from the faculty and staff. Not only was it a successful event and all the attendees had a lot of fun, but we have been able to raise a decent amount of money. Submitted by St. John Fisher College

Valentine's Flower and/or Candy Sales

For our New Orleans mission trip, we organized another fundraising where we took orders for roses and delivered them to the designated person with a personal message on February 14th. Submitted by St. John Fisher College

Flower Sales at Graduation Ceremony

Ask your university if your student group can sell flowers at graduation. We typically order 500 for a fall graduation and 1200 for a spring graduation. The night before graduation we wrap the roses with fern in tissue paper and tie with a bow in clumps of 1 or 3 flowers. Overnight the roses are kept in an air conditioned room in a bucket with water in the bottom. Then we have a table at graduation with large posters stating what the funds raised will be used for (mission trip) and the flower cost (1 rose = \$5 and 3 roses = \$12). Remember to bring change and send some outgoing students out to walk around where graduation guests are seated before the ceremony begins.

Silent Auction

Items such as gift certificates, picture frames, books, gift baskets, etc. are donated by faculty and administration. These items are then placed on a table with a sheet of paper taped next to the item with a minimum bid written at the top. Then anyone is able to bid for items; then an announcement is made that the auction will close in 30 minutes, 20 minutes, and so forth. When the auction is closed the items are given to the winners and the funds are collected. This activity is best held during another event such as a university carnival or health fair.

Publicity

Prescription Bottles with Candy

During the first week P1s are at the School of Pharmacy for orientation. Many chapters pass out prescription bottles with candies, such as Skittles inside and contain labels similar to the picture below. The prescription bottles and often the candy can be donated by local pharmacies.

Additionally, CPFI brochures are passed out with the bottles. Brochures can be mailed to your chapter by requesting them from CPFI at 561.803.2737 or emailing at info@cpfi.org.



Student Group T-Shirts

Every year our student group orders t-shirts with our student group name and a Bible verse or our chapter mission statement. Then the chapter members are free to purchase the shirts (usually for about \$5 each) and we all wear them once a month. Some members end up ordering a couple t-shirts. This activity helps our members to feel unified and our classmates usually end up asking us about CPFI.