

Volume 41 Issue 10 October 2024

But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. Matthew 6:6 (NIV)

It was an idyllic early fall day. The morning air was crisp, the sky a clear blue, and a blanket of rich green lay before me. The sun was artistically casting light and shadows, accentuating the rolling terrain and towering trees. In the distance, a still pond reflected God's beautiful nature. I enveloped myself in a comfy chair on the porch, and began to drink in the serene, peaceful surroundings, celebrating God's creation and His presence.

I sat, sipping my coffee, consuming the beauty and peace around me, and settled into an anticipated quiet time with the Lord. And then, a nearby lawnmower roared to life, followed soon by the staccato banging of jackhammer on the street, a screaming motorcycle drives by, intermittent honking from a nearby traffic backup, a landing transporter jet flying overhead, and the daily noisy activities had awakened with a flourish.

I found my attentions diverted. I began focusing on the "noise" around me. The beautiful scenery and God's presence were still there, but I became distracted. Should I go inside, maybe enjoy the scenery from a window? Put on noise cancelling headphones? Crank up some Christian music outside? Or just go about my day, my busy day, and regroup at another time?

In our daily lives, aren't we always faced with these same types of choices? How do we live in a fallen, busy, demanding environment and thrive in a relationship with the Lord? Should we remove ourselves from this world to focus upward? How do we hear from the Lord with all of these daily distractions around us? When the world starts closing in, do we focus on the things of the world or remain steadfast?

As I pontificated on these questions, these scriptures came to mind:

First, Jesus faced the same realities: Luke 5:15-16: (NIV)" Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses. But Jesus often withdrew to lonely places and prayed." In His daily life, Jesus faced many options as to how to spend His time and the constant temptation to be distracted from His primary purpose, yet Jesus prioritized prayer time. The spiritual fuel of our lives can only be received when we stop to be refilled. Even in the constant bustle and pull for other important activities, we have been given the model to separate ourselves for private time with our God. This is a challenge in today's fast paced culture, filled with demands on our time, but, like Jesus, it should be a priority, serving as a foundation in fulfilling our purpose.

Not just when your "alone" in prayer, but 1 Thessalonians 5:17, encourages us to "pray without ceasing." What does this mean? The Greek word translated to "without ceasing" is $\alpha\delta\iota\alpha\lambda\epsilon\iota\pi\tau\omega\zeta$ (adialeíptōs), which means constantly, continually or without intermission. How can this be possible to be in communication with God "all the time." And yet, God is present always in our lives. Our response to this Word is to be mindful of God's

presence all the time. In our conversations, in our meetings, in our choices, all throughout the day, the Lord is present and the Holy Spirit guides. When we are intently listening, the Lord will lead us to "His itinerary" which may be different from our plans. A co-worker arrives at your office and needs to talk. You sense the Holy Spirit prompting, you stop and listen to your colleague, encourage them, and allow God's light to shine through. You may be delayed on an assignment or late for a meeting, but when you listen to God's plan, it is always better for His Kingdom. Psalm 32:8 (NIV) says "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you." This is a loving promise of our Lord, the Counselor. It becomes our responsibility to acknowledge His presence, look "up" and "hear" His nudges and peaceful guidance.

Finally, Romans 12:12 (NIV) reminds us to "... not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." This takes discipline and focus to pursue God's plan and path, which is often counter to that of the world. We need God's strength and power to forge the journey to which He has called each of us. Proverbs 4:25 reiterates the importance of our laser focus on the Lord: "Let your eyes look straight ahead; fix your gaze directly before you." And lastly, Colossians 3:1-2 (NIV) "Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things."

As Christians, we are blessed with the gift of salvation, and we have at the same time received the Holy Spirit. It takes *intentionality* to stay focused on the Lord, be sensitive to the Holy Spirit, to choose daily how best to live our lives to honor God, and live in the peace that only God can provide even in the midst of a chaotic world around us. We need to separate ourselves to quietly pray and to pray "adialeíptōs" (i.e., continually). Please join me in reflecting on what distractions are keeping us from our full focus of what the Lord wants in each of our lives and surrendering daily to advance His Kingdom.

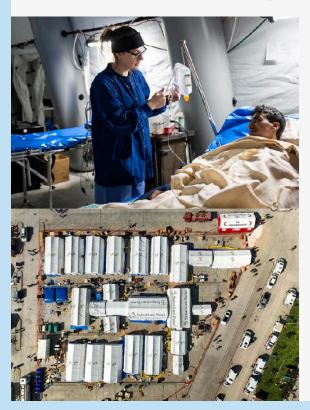
Jill Martin Boone, PharmD, CPFI Board Member Cincinnati, OH

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Southeast Christian Church

920 Blankenbaker Parkway Louisville, KY 40243 November 7 to 9, 2024

CPFI will be an exhibitor at this event.

Register: https://www.medicalmissions.com/events/gmhc-2024

Access Archives for CPFI Publications

The Faith Script

National Student Council Newsletter



Join us for prayer! Sunday, October 20, 2024 at 5:00 pm ET

The CPFI Past Presidents Committee was asked to implement a prayer ministry on behalf of CPFI. In March 2020, we started a weekly Prayer Meeting on Sunday evening at 5 p.m. ET, initially to pray about Covid-19 needs. We are meeting monthly now on the third Sunday. If you would like an invitation, e-mail Nena Lindrose at Office@cpfi.org. She will send a reminder e-mail with instructions on how to join and some suggested prayer concerns during the week prior to the meeting. We hope you will join us Sunday, October 20, 2024 for our next session. By signing up you are only committing to participate when able and praying out loud is voluntary.

Fred Eckel, Director Emeritus

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